

student service  
center(SSC)  
initiates

*Online Lecture on  
Mental Health after COVID-19*

*organised by  
Association of psychology  
Dept. of psychology  
S.D.M. Govt. P. G. College  
Doiwala*

**EXPERT:**  
*Dr. Meena Kharkwal  
Clinical psychologist,  
Harcourt Moulaine, France*

**PATRON:**  
*Dr. D. C. Nainwal, Principal, S. D. M. G. P. G. C, Doiwala*

**COORDINATOR:**  
*Dr. Vallari Kukreti, Incharge of the Dept., Dept. of psychology*

**CO-COORDINATORS:**  
*Dr. Vandana Gaur, Associate Professor, Dept. of psychology.  
Dr. Poonam Pandey, Assistant Professor, Dept. of psychology.*

*Date: 18/5/2023*

*Time: 10:30am*

*Venue: Edusat, S. D. M. G. P. G. C, Doiwala (for students)  
\*\*for teachers: Googlemeet link will be provided on WhatsApp.*

**REPORT**  
**Online lecture on 'Mental Health after COVID-19'**  
**Organized by**  
**Association of Psychology & Student Service Center (SSC)**  
**S.D.M.Govt.P.G.College**  
**Doiwala**

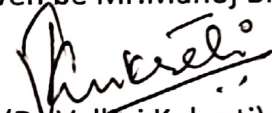
An online lecture on '**Mental Health after COVID-19**' was organized on 18 May, 2023 by Association of Psychology & Student Service Center (SSC) under the chairmanship of Dr. D.C. Nainwal, Principal, S.D.M. Govt. P.G. College, Doiwala. The Expert Speaker for the occasion was Dr. Meena Kharakwal, Clinical Psychologist, Harcourt Moulaine, France. The participants joined on offline and online mode. More than 60 participants joined on online mode and 19 joined on an offline mode.

Dr. Kharakwal unveiled the range of socio-economic changes which have occurred after COVID-19 and their possible psychological management. She highlighted the importance of balanced life for maintaining psychological health. Further in the session, she took the queries from the students and teachers and suggested possible psychological management strategies to deal with their problems. The event was attended by Dr. D.N. Tiwari, Dr. Preetpal Singh, Dr. Kiran Joshi, Dr. Pallavi Mishra, Dr. Sangeeta Rawat, Dr. Tribhuwan Chandra and Dr. Anjali Verma.

The conduction of the event was done by Dr. Vandana Gaur & Dr. Poonam Pandey. The vote of thanks was extended by Dr. Vallari Kukreti. The technical support was given by Mr. Manoj Bhushan.

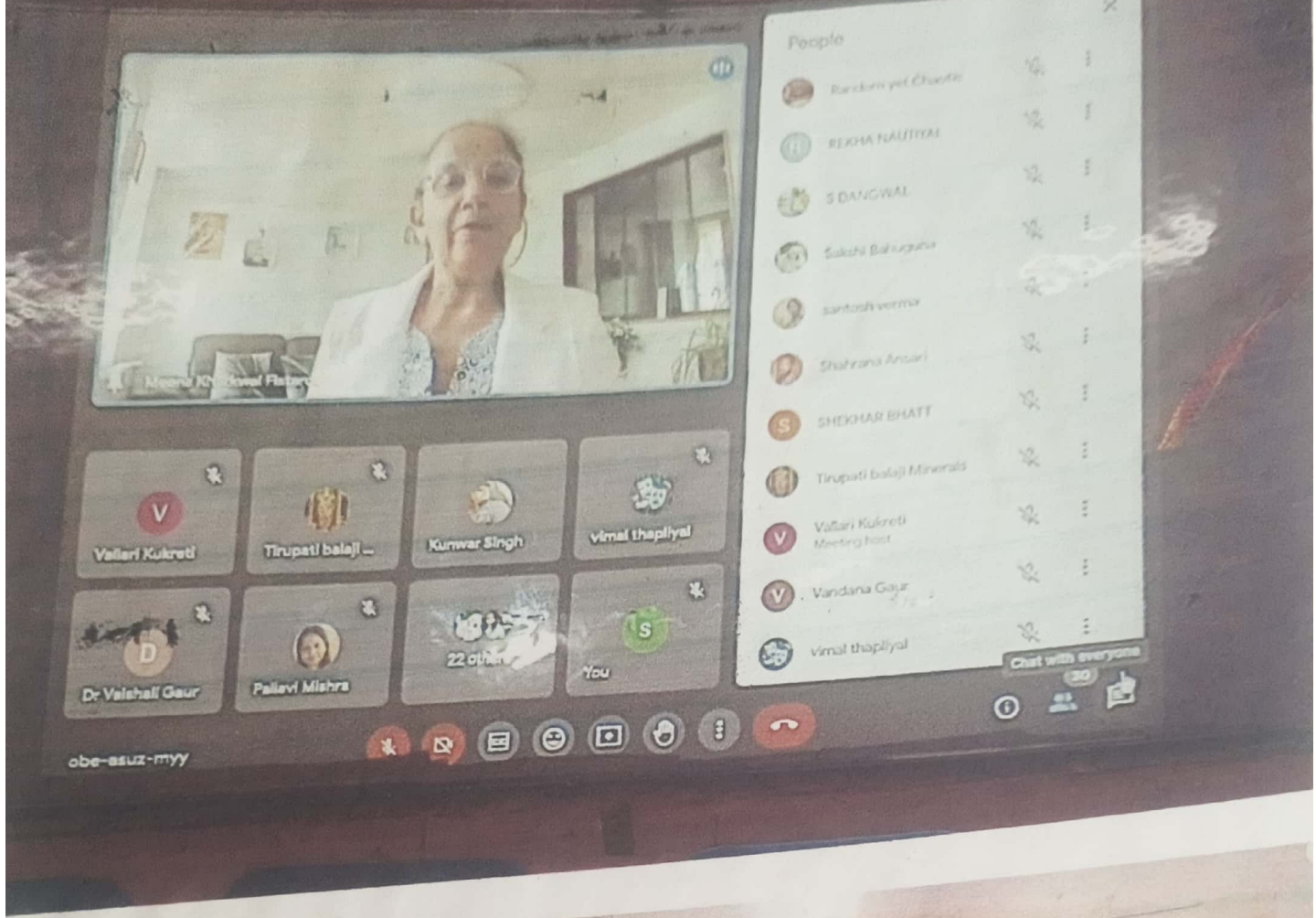


**PRINCIPAL**  
**S.D.M. Govt. PG College**  
**Doiwala (Dehradun)**



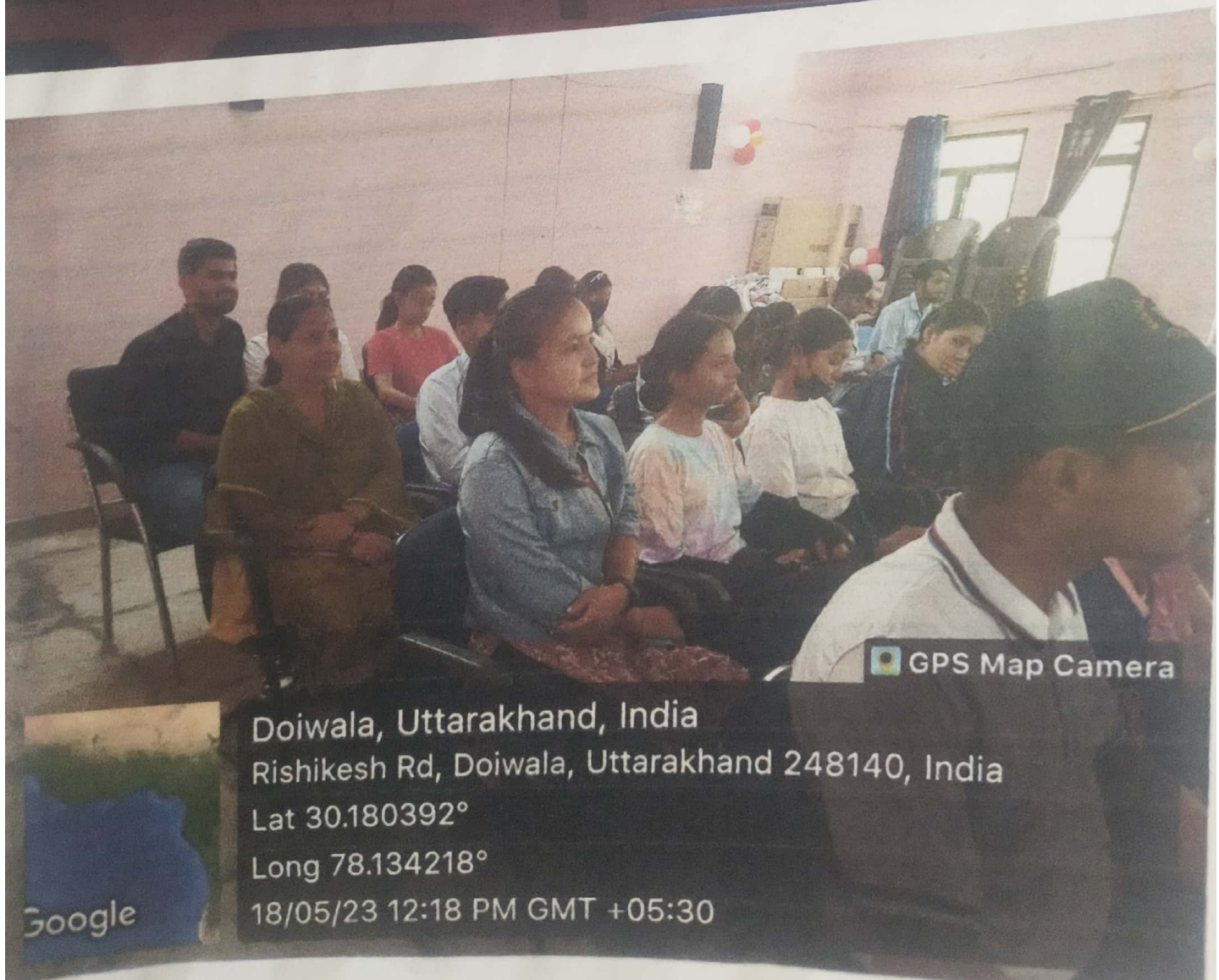
(Dr. Vallari Kukreti)  
Incharge of the Department  
Dept. of Psychology  
S.D.M. Govt. P.G. College  
Doiwala





- People
- Bandarajet Chatterji
  - BEKAHA NAUTYAI
  - S DANGWAL
  - Sakshi Bahuguna
  - santosh verma
  - Shafraz Ansari
  - SHEKHAR BHATT
  - Tirupati balaji Minerals
  - Vallari Kulrethi Meeting host
  - Vandana Gaur
  - vimal thaplial

- Vallari Kulrethi
- Tirupati balaji
- Kunwar Singh
- vimal thaplial
- Dr. Valsahai Gaur
- Pallevi Mishra
- 22 other
- You



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