

## CURRICULUM VITAE

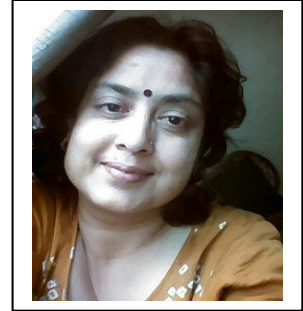
**Dr. Poonam Pandey**

C-34, Sector 1, Defence Colony

Dehradun- 248001

E- mail: [punamdun@yahoo.co.in](mailto:punamdun@yahoo.co.in)

Mobile No: 9412382361



### PERSONAL DETAILS

Name : Dr. Poonam Pandey  
Father's Name : Dr.G.D. Pandey  
Husband's Name : Dr. Naveen Chandra  
Date of Birth : 13<sup>th</sup> Feb 1972

### EDUCATIONAL QUALIFICATION

S.No	Exam Passed	Board/University	Year	Percentage	Subject
1.	B.A.	Birla Constituent College, HNB Garhwal University, Srinagar	1991	64.00	Psychology, English, Economics
2.	M.A.	Birla Constituent College, HNB Garhwal University, Srinagar	1993	67.00	Psychology
3	Ph.D.	Gurukul Kangari University, Haridwar	1999	*	Psychology
4	PGDHRM	Indira Gandhi National Open University	1998	A	Human Resource Management

\* "Stress strain and personality pattern of Kumauni Women"

**Present Status** : Assistant Professor (Psychology)  
Govt. Post Graduate College, Doiwala, Dehradun. U.K.

## **EXPERIENCE**

**Teaching** : 17 years P.G. & U.G. Classes

**Research** :

- 4 research students enrolled
- Worked as research associate in NIVH (National Institute for Visually Handicapped), Dehradun from March 1999 To October 2000.
- Worked as Social Scientist in World Bank Project in 1996.

**Training** :

- Orientation – 1, Refresher – 1
- Supportive Supervisor for counselor – 3
- Short Term Course – 1

**Presented / Attended** : Conferences/Seminars/Workshops - 57

## **IMPORTANT ASSIGNMENT**

- Developed a module for “Kishori Shakti Yojna” at Administrative Training Institute Nainital, Uttarakhand.
- Worked as Supportive Supervisor for counselors in “The Global Fund to Fight AIDS and TB Under Saksham Project” of Department of Psychology H.N.B. Garhwal University Srinagar Garhwal from June 2014 to March 2015.
- Member of Institute Ethics Committee (Human Studies Govt. Medical College Haldwani) from 03 Aug 2015 to till date.

## LIST OF PUBLICATION/BOOKS

- Pandey Poonam, Pandey Ritika (2018). "Social adjustment of elderly people in hill area of Kumaon Region." (Accepted for Proceedings of National Conference)
- Pandey Poonam, Pandey Ritika (2017) "A Study of Kumauni aged people (60+) regarding their perception related to family with special reference to Nainital and Pithoragarh Districts". Discovering the Himalayas. Page 193-207.
- Pandey Poonam, Pant Pooja 2017 "A study of comparison between the marital adjustment among young and elderly couple of Uttarakhand". Discovering the Himalayas P. 174-179.
- Pandey Poonam, Pandey Ritika (2017) "A Study of Death Anxiety of Kumauni aged people with reference to their locale and gender". Exploring the Himalayas Land and People. P. 292 – 296.
- Pandey Poonam (2016) "Braille speed and accuracy and academic achievement of visually impaired children in residential and integrated settings". Issues in Higher Education. P. 15 – 23.
- Pandey Poonam, Joshi Rekha (2016) "A Psychological study of aggression among young boys and girls in relation to their modernization". Quality and Excellence in education. P. 258 – 263. Global Books organization New Delhi.
- Pandey Poonam (2016) "Case Study – 4 Women and beauty magazines" Understanding Research methods. P. 301-308. Durga Ma Prakashan, Haldwani.
- Pandey Poonam (2015) "Personality Pattern of rural Kumauni women". Recent Advances in Psychology an International Journal 2015 Vol-1.
- Pandey Poonam (2015) "Concept Development and level of social maturity of visually handicapped children in integrated and residential settings". The International Journal of Psychology April to June 2015 Vol-2(3) P. 120-124.

- Singh S, Pandey Poonam (2009). Drug Addiction: a brain disease. Souvenir of Medical Council of India, Platinum Jubilee Celebration, UFHT Medical College, Haldwani (Nainital).
- Yoga: Health and Eye. 6<sup>th</sup> Uttara-Eyecon 2009.
- Pandey Poonam (2003) "Personality pattern of Kumauni Women" A Journal of Dev Sanskriti Viswavidyalaya Interdisciplinary Journal of Behavioral Science and Oriental Studies Vol-1-1 P 59-63.
- Pandey Poonam (1997) "Stress and Personality pattern of Hill Women" Proceeding of National Seminar on "Ecological perspective and Behavior".

**Books :-** Books published with ISBN No. with Co-authors.

Text Book for Uttarakhand Open University

- Theories and Systems of Psychology.
- Applied Psychology.
- Developmental Psychology.

**Declaration**

I hereby declare that all the statements made in this C.V. are true, complete and correct to the best of my knowledge and belief.

**Date : 26.09.2018**

**Place : Dehradun**

**Dr. Poonam Pandey**