

SYLLABUS

**Sridev Suman Uttarakhand State
University Badshahithaul,
Tehri (Garhwal)**

M.A. PSYCHOLOGY

Semester System

(Effective from Academic Session: 2018-2019)

**Sridev Suman Uttarakhand State University
Badshahithaul Tehri Garhwal**

Syllabus of Psychology (M.A.)

Semester System
Present program consists of four semesters
M.A. Semester- I, II, III, IV

SEMESTER –I

Sl. No.	PAPER	TITLE OF PAPER	INTERNAL MAXIMUM MARKS	EXTERNAL MAXIMUM MARKS	TOTAL MARKS
1.	1 ST Paper	Biological Foundation of Behaviour	20	80	100
2.	2 ND Paper	Foundation of Behavioural Research-I	20	80	100
3.	3 RD Paper	Psychological Statistics-I	20	80	100
4.	4 TH Paper	Contemporary Issues of Social Psychology	20	80	100
5.	Practicals	Psychological Practicum Experiments and Tests	20	80	100

SEMESTER –II

Sl. No.	PAPER	TITLE OF PAPER	INTERNAL MAXIMUM MARKS	EXTERNAL MAXIMUM MARKS	TOTAL MARKS
1.	1 ST Paper	Cognitive Psychology	20	80	100
2.	2 ND Paper	Foundation of Behavioural Research-II	20	80	100
3.	3 RD Paper	Psychological Statistics-II	20	80	100
4.	4 TH Paper	Applied Social Psychology	20	80	100
5.	Practicals	Psychological Practicum Experiments and Tests	20	80	100

SEMESTER –III

Sl. No.	PAPER	TITLE OF PAPER	INTERNAL MAXIMUM MARKS	EXTERNAL MAXIMUM MARKS	TOTAL MARKS
1.	1 ST Paper	Conceptual Approaches of Personality	20	80	100
2.	2 ND Paper	Guidance and	20	80	100

		Counselling-I			
3.	3RD Paper	Psychopathology-I	20	80	100
4.	4TH Paper	Clinical Psychology- I	20	80	100
5.	Practicals	Psychological Practicum Experiments and Tests	20	80	100

SEMESTER –IV

Sl. No.	PAPER	TITLE OF PAPER	INTERNAL MAXIMUM MARKS	EXTERNAL MAXIMUM MARKS	TOTAL MARKS
1.	1ST Paper	Theories of Personality	20	80	100
2.	2ND Paper	Guidance and Counselling-II	20	80	100
3.	3RD Paper	Psychopathology-II	20	80	100
4.	4TH Paper	Clinical Psychology- II	20	80	100
5.	Practicals	Psychological Practicum Experiments and Tests	20	80	100

SEMESTER-I

1ST PAPER: Biological Foundation of Behaviour

Unit-I: Introduction to physiological psychology nature and scope, Structure of brain cell: structure, types and functions of neurons and supportive cell of brain.

Unit-II: Brain and Behaviour: Mechanism of hormonal action, Reproductive behavior, Sleep and biological rhythm and maintaining homeostasis.

Unit-III: Recent advances in neurophysiology, Hemispheric specialization and localization, Consciousness, altered status of consciousness, biology of meditation, controversies in biological psychology.

Unit-IV: Attention and perceptual processes: Current paradigms, Frontal lobe and executive processes, Switching attention, Attention control and attention training, Perception: Perceptual processes, Approaches to perception.

Books Recommended:

1. Carlson N.R. (1994). Physiological Psychology (5th Ed.) Boston: Allyn Bacon.
2. Kalat J.W. (1995). Biological Psychology (7th Ed.) Wadworth/Thomson Learning, Belmont, CA, USA.
3. Levinthal C.F.. Introduction to Physiological Psychology, Prentice Hall of India.
4. Roserweig M.R; Leiman A.L. and Breedlove S.M. (1999). Biological Psychology: An Introduction to behavior and cognitive and Clinical neuroscience. Sinaure associates, Inc Publishers Sunderland, Mssachusetts.
5. Galotti K.M. (1999). Cognitive Psychology in and outside laboratory, Mumbai; Thomson Asia.
6. Singh A.K. (2006). Cognitive Psychology; Motilal Banarasidas.
7. Robert A. Baron Manovigyan, Pearson.
8. Mishra B.K. euksfoKku ekuo O;ogkj dk v;/;iu Phi Learning Pvt Ltd New Delhi.

SEMESTER-I

2ND PAPER: Foundation of Behavioural Research-I

Unit-I: Nature of science and scientific method, Nature and type of Psychological research: experimental, Survey Research.

Unit-II: Choice and statement of problem, Formation of Hypothesis and directional hypothesis.

Unit-III: Variables- Meaning and types of variables, Characteristics of variables, Different techniques of controlling variables.

Unit-IV: Research design- Randomized, factorial and quasi-experimental design.

Books Recommended:

1. Hewitt; Dennis & Cramer. Dunccan (2005). Introduction to Research Methods in Psychology. New Delhi: Pearson.
2. Mohsin. Research Methods in Behavioural Sciences. New Delhi; Longman.
3. Newman W.L. (1991). Social Research Methods: Qualitative and Quantitative. Boston; Allyn & Bacon.
4. Denzin N.K. & Lincoln Y.S. (2005), Handbook of qualitative Research. Thousand Oaks; Sage.
5. Mc Burry D.H. (2002). Research Methods. USA Wordsworth. Thompson.
6. Karlinger F.N. (1994). Fundamentals of Behavioral Research (3rd Ed.)
7. Singh A.K.. Test Measurement and Research Methods in Behavioral Sciences. Bharti Bhawan.
8. Kothari C.R. (1985). Research Methodology: Methods & Techniques. New Delhi; Wiley Eastern Ltd.
9. Broota K.D. (1992). Experimental Design in Behavioural Research. New Delhi. Wiley Eastern Ltd.
10. Desai B. & Abhyankar S.C. (2007). Izkki;ksfxd eusk'kkL= vkSj la'kks/ku if)frA iwuk] ujsUnz izHkkdjuA
11. Asthana Bipin. euksfoKku esa lkaf[;dh o 'kks/k fof/k;kaA

SEMESTER-I

3RD PAPER: Psychological Statistics-I

Unit-I: Application of statistics in Psychology, Measures of central tendency, Calculation of mean, median and mode, Properties of mean, median and mode and when to use mean, median and mode.

Unit-II: Measures of variability, Calculation of quartile deviation and standard deviation. When to use various measures of variability.

Unit-III: Coefficient of correlation: Meaning and types of correlation. Calculation of coefficient of correlation by product moment method. Correlation from ranks, Biserial correlation, Point biserial correlation. Tetrachoric correlation. Phi coefficient and contingency coefficient.

Unit-IV: Concept and significance of probability- Normal distribution curve and its application.

Books Recommended:

1. Mangal S.K. (2002). Statistics in Psychology and Education (2nd Ed.). New Delhi; Prentic Hall.
2. Garrett. Statistics in Education and Psychology.
3. Ferguson. Statistical Analysis in Psychology and Education.
4. Guilford J.P. Psychometric Method. Tokyo; Kogakusha Co.
5. Mc Guigan M.J. Experimental Psychology. New Delhi; Prentic Hall of India Pvt. Ltd.
6. Kapil H.K. euksfoKku esa lkaf[;dhA
7. Asthana Bipin. euksfoKku esa lkaf[;dh o `kks/k fof/k;kaA
8. Bhatia T. vk/kqfud euksfoKku esa lkaf[;dhA yko.; izdk'ku m0 iz0A

SEMESTER-I

4TH PAPER: Contemporary Issues of Social Psychology

Unit-I: Introduction, nature, meaning, scope and methods of social psychology. Status of social psychology in India.

Unit-II: Theories of social psychology: Psychoanalytic, Stimulus- response. Field, Role and cognitive theories.

Unit-III: Socialization of motives: Affiliation, aggression, power and achievement. Enculturation process.

Unit-IV: Environmental issues: Noise, pollution and atmospheric condition, Personal space and territoriality, density and crowding, Response to environmental challenges, Intervention for environmental management.

Books recommended:

1. Berkowitz L. & Walster E. (EDS). Advances in Experimental Social Psychology.
2. Lindzey G. & Avanson E. The Handbook of Social Psychology. (3rd Ed.)
3. Cook, Kretch and Crusel Bulleki Suleman. Higher Social Psychology. Motilal Banarasidas.
4. Baron R.A. and Byrne D. (2000). Social Psychology. Prentice Hall of India.
5. Myers D.D. (2008). Social Psychology. Mc Graw Hill Inc.
6. Mohanty A.K. & Mishra (2000). Psychology of Poverty and Disadvantages, Concept Publishing Company. New Delhi.
7. Singh A.K. social Psychology. Motilal Banarasidas.
8. Pandey. Basic and Applied Social Psychology. Vol 2. New Delhi, Sage.
9. Sinha D., Tripathi R.C. & Misra G. (1995). Deprivation: Its Social Roots and Psychological Consequences. Concept Publishing Company. New Delhi.
10. Misra G. (1990). Applied Social Psychology in India. New Delhi. Saga J.

Semester-1

PRACTICAL

Any four from the following:-

- 1- Home (family) adjustment inventory.
- 2- Interpersonal attraction.
- 3- Problem solving in group and individual situation.
- 4- Temporal perception.
- 5- Emotional maturity scale.
- 6- Person perception.
- 7- Need for achievement.
- 8- Co-operation and competition.
- 9- Phi- phenomenon.

Note: Besides the above, teacher can also design the relevant practicum.

SYLLABUS

**Sridev Suman Uttrakhand State
University Badshahithaul,
Tehri (Garhwal)**

M.A. PSYCHOLOGY

Semester System

(Effective from Academic Session: 2018-2019)

SEMESTER-II

1ST PAPER: Cognitive Psychology

Unit-I: Conditioning, classical conditioning: paradigms and phenomenon. Operant conditioning: nature and types of operant conditioning. Role of cognitive factors in classical and operant conditioning. Difference between Classical and Operant. conditioning. Extinction of conditioning , responses ,generalization and discrimination. Types and patterns of reinforcement.

Unit-II: Emotion: concept of emotion, Physiological correlation of emotion. Theories of emotion: James-Lange, Cannon-Bard and Activation theories, Measurement of emotion.

Unit-III: Memory: Memory processes, Current models, Organization of short term and long term memory, Eye witness memory, Enhancing memory, Flash back memory, construction and reconstruction, Theories of forgetting.

Unit-IV: Thinking and problem solving: Meaning, types and theories of thinking, Reasoning and problem solving: Types and strategies of problem solving.

Books recommended:

1. Galotti K.M. (1999). Cognitive Psychology In and Outside Laboratory. Mumbai; Thomson Asia.
2. Matlin Margaret W (1995). Cognition (II Ed) Prism Book Pvt. Ltd. Bull Temple Road, Basavanagudi, Bangalore- 560019.
3. Ronald T. Kellog. Cognitive Psychology.
4. Snodgrass, Jone Gray et.al. (1985). Human Experimental Psychology. New York. Oxford University Press.
5. Michael G. Wessells (1982). Cognitive Psychology, Harper and Row, New York.
6. Best J.B. (1999). Cognitive Psychology. USA: Wadsworth Publishing Co.
7. Gunther R.K. (1998). Human Cognition. New Jersey: Prentice-Hall.
8. Singh A.K. Advanced General Psychology. Motilal Banarasidas.
9. Anderson J.R. Cognitive Psychology and Its Implications.
10. Hunt. Fundamental of Cognitive Psychology.
11. Michael W. Eysenck and Mark T. Keane. Cognitive Psychology: A Students Hand Book.
12. Singh A.K. (2006).Sagyanatmak Manovigyan – Motilal Banarasidas.
13. Shrivastav Ramji and others. Sagyanatmak Manovigyan –

SEMESTER II

2ND PAPER: Foundation of Behavior Research-II

Unit-I: Nature and types of social research, Difference between experimental and social research.

Unit-II: Sampling: Meaning and purpose. Probability and non-probability sampling techniques. Biases in sampling.

Unit-III: Quantitative methods: Nature, assumption, grounded theory, Ethnography, Case study method and content analysis.

Unit-IV: Writing research report: APA style.

Books recommended:

1. Hewitt; Dennis & Cramer. Dunccan (2005). Introduction to Research Methods in Psychology. New Delhi: Pearson.
2. Mohsin. Research Methods in Behavioural Sciences. New Delhi; Longman.
3. Newman W.L. (1991). Social Research Methods: Qualitative and Quantitative. Boston; Allyn & Bacon.
4. Denzin N.K. & Lincoln Y.S. (2005), Handbook of qualitative Research. Thousand Oaks; Sage.
5. Mc Burry D.H. (2002). Research Methods. USA Wordsworth. Thompson.
6. Karlinger F.N. (1994). Fundamentals of Behavioral Research (3rd Ed.)
7. Singh A.K.. Test Measurement and Research Methods in Behavioral Sciences. Bharti Bhawan.
8. Kothari C.R. (1985). Research Methodology: Methods & Techniques. New Delhi; Wiley Eastern Ltd.
9. Broota K.D. (1992). Experimental Design in Behavioural Research. New Delhi. Wiley Eastern Ltd.
10. Desai B. & Abhyankar S.C. (2007). Izk;kksfxd eusk'kkL= vkSj la'kks/ku if)frA iwuk] ujsUnz
11. izHkkdjuA
12. Asthana Bipin. euksfoKku esa lkaf[;dh o `kks/k fof/k;kaA
13. Robinson P.W. (1976) Fundamentals of Experimental Psychology. Prentice Hall.
- 14 Giles David C (2002). Advanced Research Methods in Psychology. New York. Routledge.

SEMESTER II

3RD PAPER: Psychological Statistics-III

Unit-I: Parametric and non-parametric statistics. Significance difference between means. Standard error of mean, median, SD and correlation.

Unit-II: Computation of t-values for independent and dependent samples. Level of significance. Type I and type II errors in inference making.

Unit-III: One tailed and two tailed test, degree of freedom, Analysis of variance one way and two way.

Unit-IV: Nonparametric test: Chi square, Median test, Mann-Whitney U test, Sign test

Books recommended:

1. Mangal S.K. (2002). Statistics in Psychology and Education (2nd Ed.). New Delhi; Prentice Hall.
2. Garrett. Statistics in Education and Psychology.
3. Fergueon. Statistical Analysis in Psychology and Education.
4. Guilford J.P. Psychometric Method. Tokyo; Kogakusha Co.
5. Mc Guigan M.J. Experimental Psychology. New Delhi; Prentice Hall of India Pvt. Ltd.
6. Kapil H.K. *euksfoKku esa lkaf[;dhA*
7. Asthana Bipin. *euksfoKku esa lkaf[;dh o `kks/k fof/k;kaA*
8. Bhatia T. *vk/kqfud euksfoKku esa lkaf[;dhA yko.; izdk'ku m0 iz0A*

SEMESTER II

4TH PAPER: Applied Social Psychology

Unit-I: Health and well-Being conceptual issues ,Bio-medical and Bio-social model of health. Psychosocial and cultural approaches. Indicators of well-being and health. Empowerment and management.

Unit-II: Social change : Psychological approaches and Resistance , Acculturation ,Strategies, Measurement and psychological consequences ,Cultural factors in intervention for change..

Unit-III: Conflict : familial ,social and intergenerational . Structure and dynamics ,Strategies of conflict resolution.

Unit-IV: Psycho-social Issues and Indian society .Poverty ,Gender issues ,Social institutions ,population issues, dowry ,sex discrimination ,social movements .

Books recommended:

1. Berkowitz L. & Walster E. (EDS). Advances in Experimental Social Psychology.
2. Lindzey G. & Avarson E. The Handbook of Social Psychology. (3rd Ed.)
3. Cook, Kretch and Crused Bulleki Suleman. Higher Social Psychology. Motilal Banarasidas.
4. Baron R.A. and Byrne D. (2000). Social Psychology. Prentice Hall of India.
5. Myers D.D. (2008). Social Psychology. Mc Graw Hill Inc.
6. Mohanty A.K. & Mishra (2000). Psychology of Poverty and Disadvantages, Concept Publishing Company. New Delhi.
7. Singh A.K. social Psychology. Motilal Banarasidas.
8. Pandey. Basic and Applied Social Psychology. Vol 2. N.D. Sage.
9. Sinha D., Tripathi R.C. & Misra G. (1995). Deprivation: Its Social Roots and Psychological Consequences. Concept Publishing Company. New Delhi.
10. Misra G. (Ed)(1990). Applied Social Psychology in India. New Delhi. Saga J.
11. Suleman Social psychology Motilalbanarsidas

Semester-II

PRACTICAL

Max Marks :(40+10=50)

Any four from the following:-

- 1- Serial learning.
- 2- Short term memory.
- 3- Long term memory.
- 4- Ziegarnik effect..
- 5- Measurement of proactive inhibition / retroactive inhibition.
- 6- Signal Detection / Learning set formation.
- 7- Sustained Attention.
- 8- Recognition test.
- 9- Distortion in memory.
- 10- Interpersonal attraction.
- 11- Moral values.
- 12- Attitude change.

Note: Besides the above, teacher can also design the relevant practicum

PSYCHOLOGY

Semester-III

Paper-I Conceptual Approach Of Personality

M.M. 80

Unit-I Introduction : Meaning of personality, Concept and basic issues of personality , Approaches to study of personality: Trait, Type, Eclectic and other approaches.

Unit-II Determinants of personality: Biological and physical determinants, psychological determinants, Social determinants, educational determinants, family determinants and cultural determinants.

Unit-III Development of personality: Meaning of personality development, methods of studying development of personality, process of personality development, theoretical explanation of personality development, meaning and nature of self, determinants of development of self, theories of development of self.

Unit-IV Personality assessment : Subjective and Projective techniques , self report , personality inventories

Books Recommended

Hall , C.S .Lindzey, G & Compbell, J.B.(2004). Theories of personality.
New York, Jihn wiley & son's.Inc.

Fadiman J. & Frager, R. (2005) Personality & Personal growth. New York:
Prentice Hall.

Bayer, B.M & Shotler, J.S . (1997) Reconstructing the psychological subject, London Sage.

Barger, E. (2006) .Personality theories (7th ed) New York: Houghton Mifflin company.

Hjella, L.A. and Ziegler, D.J. (1976), Personality Theories, Mcgraw Hill

.

Hurlock, E.S. (1976) Personality development, Tata Mc Graw Hill

Mischel, W. (1976) Introduction to personality.Holt Rinehart and Winston.

Pervin, L.A. (1984) Personality Theory and Research, 4th Edition. John Willey and son's

Sing, A.K. : Vaktitva ka Manovigyan, Motilal Banarasidas

Asthana Madhu & Kiran Bala : Vyaktitwa ka Manovigyan, Motilal Banara

Singh ,R.N. Vyaktitwa ka Manovigyan Agarwal Publication Agra.

Mishra, G. Verma, S. Cornelissen, M. (2013) Foundation and Application of Indian Psychology Person Education India.

PSYCHOLOGY

Semester-III

Paper-II Guidance and Counselling-I

M.M.80

Unit-I Introduction : Meaning and definition of guidance, aim purpose and basic principal of guidance. Types of guidance, Group guidance.

Unit-II Counselling: Meaning and definition of counselling, aim and purpose of counselling, characteristics of counselee and counsellor, role and function of counsellor, systematic counselling.

Unit-III Areas of guidance: Vocational and educational guidance, programme in school and college, importance, scope, and problem of vocational and educational guidance.

Unit-IV Areas of counselling: Educational, vocational, family, behavioural, drug addicts, mental retardation, marriage and career counselling.

Books Recommended:

Harold L. (1996) Counselling: The professional counsellor

Corey G. (2001) Theory and practice of psychotherapy Pacific Grove. California, Books/Cole

Belking, G.S. : Introduction to counselling W.G. Brown Publishing

Nelson J. : The theory and practice of counselling psychology: New York Holt

Windy, D. : Counselling in action .Sage Publication

Feltham, C. & Horton, I. E. Ed(2000). The sage hand book of counselling and psychotherapy (2nd ed) London: Sage Publication

Gibson, R. L. Mitchell, M. H. (2005). Introduction to counselling and guidance (6th ed) . Delhi Pearson education ptc. Ltd.

Alumni, G. Arulmani ,S. (2004) Career counselling: A hand book .New Delhi:
Tata McGraw Hill publishing co. Ltd.

Rao, S. N. (2006) Counselling and guidance (2nd ed) New Delhi Tata Mac
Graw Hill publishing co ltd.

Gelso, C. J. Fretz, B. R. (1995) Counseling psychology. Banglore : prism books
Pvt. Ltd.

SEMESTER III

Paper III PSYCHOPATHOLOGY I

M.M. 80

Unit- I : Approaches of psychopathology : psychodynamic, behaviouristic, humanistic, existential and cognitive approaches.

Unit-II : Classification in psychopathology: WHO classification ICD-10, and multi axial system (D.S.M.-VI -R)

Unit-III : Anxiety disorders : Nature, aetiology and symptoms of panic .phobic, generalized anxiety disorder, obsessive compulsive disorder.

Unit-IV : Somatoform psycho physiological disorders :Nature, aetiology and symptoms of dissociative disorder, nature and types of psycho physiological disorder, aetiology of gastro-intestinal respiratory, cardiovascular and skin disorder.

Books Recommended:

Carson, R.C. Butcher, J.N. Mineka, and Hooley, J.M.(2000)Abnormal psychology. New Delhi : Pearson

Barlow D.H. and Durandv, M. (2005). Abnormal psychology an integrated approach (4th ed) Wadsworth : New York.

Frued, N. (1998).Understanding Abnormal psychology. Oxford : Black well publishers.

Lamn, A. Introduction to Psychopathology. New York .Sage

Buss, A.H. (1999) Psychopathology. New York : John Wiley

Korchin, S.J, (2004) Modern clinical psychology. CBS Publisher abs Distributers Pvt ltd

Jaigopal Tripathi Asamanay Manovigyan, Bhargava book house Agara
Ghanshyam Dass

American psychological association (1994) Statistical manual of mental
health disorder Washington A.P.A. Author

Davison, G .C. and Neale (2001) 8th Ed Abnormal psychology and
experimental clinical approach.

Kissker. G.W. (1965) Disorganized personality New York . McGraw. Hill

SEMESTER-III

PPER-IV : Clinical Psychology-I

M.M.80

Unit-I Introduction : Brief history and scope of clinical psychology. Role of clinical psychologist, Issues in profession of clinical psychology.

Unit-II Perspectives of clinical psychology: Motivational perspective, adaptational perspective, and ecological perspective

Unit-III Clinical assessment: Meaning and nature of clinical assessment, purpose of clinical assessment, stages of clinical assessment, Meaning, nature, types, and stages of clinical interview

Unit-VI Test in clinical use : Role of psychological test in psycho diagnosis, Different tests in clinical use: WAIS, MMPI, TAT, Rorschach test

Unit-V Neuropsychological Assessment : Meaning and purpose of neuropsychological assessment , concept of brain dysfunction, technique of neuropsychological assessment

Books Recommended:

Hecker J.E. & Thorpe G.L., (2007): Introduction to clinical psychology

Thomas G. Plante (2004) Contemporary clinical psychology

Robert J. Derubeis Donald K. Routh (1998) The science of clinical psychology, American psychology association

Korchin S.J. Morden clinical psychology Delhi C.B.S. Publication

Henry Kellerman (2009) Hand book of psycho diagnostic testing : Analysis of personality in the psychological report

Wolman, B.B. (1985) Hand book of clinical psychology

Golden berg, D.H. (1983) Contemporary clinical psychology

Singh, A.K. (1993) Modern clinical psychology Motilal banarasi dass

Anastasi, A. (1982) Psychological testing

Freeman , F.S. (1978) Theory and practice of psychological testing

SEMESTER-III

PSYCHOLOGY PRACTICUM

Students are required to conduct any four practical from the following.

16 P F (any five factors)

Alienation

Locus of control

Emotional maturity

Self esteem/self concept/ self efficiency

Administration of a test of vocational interest

Administration of a test of aptitude

Administration of a test of values

Unit - I Fundamentals of personality theories : nature of personality theories, Three elements of personality theory, Historical background of personality theories , Criteria of evaluating personality theories, Basic assumption over which personality theories differ.

Unit – II Freud’s theory, Neo Freudian’s theory, Allport’s theory, Cattell’s factor theory, Eyesenck’s dimensional theory of personality.

Unit – III Lewin’s field theory, Murray’s need theory, Dollard and Miller’s stimulus response theory, Festinger’s cognitive dissonance theory, Meslow’s theory, Roger’s self theory

Unit – IV Indian personality theory : explanation of personality in Upnishads, The Sankhya theory of personality, yoga theory of personality, Abhi-dharma : An eastern personality theory, A comparative study of Indian approach and western approach of personality

Books Recommended

Hall , C.S .Lindzey, G & Compbell, J.B.(2004). Theories of personality. New York, Jihn wiley & son’s.Inc.

Fadiman J. & Frager, R. (2005) Personality & Personal growth. New York: Prentice Hall.

Bayer, B.M & Shotler, J.S . (1997) Reconstructing the psychological subject, London Sage.

Barger, E. (2006) .Personality theories (7th ed) New York: Houghton Mifflin company.

Hjella, L.A. and Ziegler, D.J. (1976), Personality Theories, Mcgraw Hill.

Hurlock, E.S. (1976) Personality development, Tata Mc Graw Hill

Mischel, W. (1976) Introduction to personality.Holt Rinehart and Winston.

Pervin, L.A. (1984) Personality Theory and Research,4th Edition. John Willey and son's

Sing, A.K. : Vaktitva ka Manovigyan, Motilal Banarasidas

Asthana Madhu & Kiran Bala : Vyaktitwa ka Manovigyan, Motilal Banara

Singh ,R.N. Vyaktitwa ka Manovigyan Agarwal Publication Agra.

Mishra, G. Verma, S. Cornelissen, M. (2013) Foundation and Application of Indian Psychology Person Education India.

SEMESTER-IV

Paper-II Guidance and Counselling- II

M.M-80

Unit-I Techniques and approaches of guidance and counselling:

Techniques of collecting information about the individuals for guidance and counselling, psychoanalytic approach, client centered approach, existential and behavioural approach

Unit-II Psychological assessment and diagnosis in counselling:

Components of effective assessment, Interdisciplinary implication and guidelines for human assessment, non standardized techniques for human assessment: Observation, rating scales, Anecdotal report, Autobiography, Questionnaire, Structural interview, and intake interview, Standardized technique for human assessment: Intelligence test, Aptitude test

Unit-III Nature, present trends and future direction in guidance and counselling, stages in career counselling: self discovery, understanding the nature of work, career alternatives, career counselling and process of human development, present trends in career counselling, guidance in career counselling

Books Recommended:

Harold L.(1996) Counselling: The professional counsellor

Corey G.(2001) Theory and practice of psychotherapy Pacific Grove.
California, Books/Cole

Belking, G.S.: Introduction to counselling W.G. Brown Publishing

Nelson J. : The theory and practice of counselling psychology: New York Holt

Windy, D. : Counselling in action .Sage Publication

Feltham, C. & Horton, I. E. Ed(2000). The sage hand book of counselling and
psychotherapy (2nd ed) London: Sage Publication

Gibson, R. L. Mitchell, M. H. (2005). Introduction to counselling (6th ed)

Alumni, G. Arulmani ,S.(2004) Career counselling: A hand book .New Delhi:
Tata McGraw Hill publishing co. Ltd.

Rao, S. N. (2006) Counselling and guidance (2nd ed) New Delhi Tata McGraw
Hill publishing co ltd.

Gladding, S. T. (2012) Counselling : A comprehensive profession. (7'th ed)
Pearson

Seligman, L. & Reichenberg, L. W. (2010) Theories of counselling and
psychotherapy : systems, strategies, and skills 3rd ed. Indian reprint :
Pearson.

Ben, ARD Jr (ed) (1977) Counselling and psychotherapy classics on theories
and issues Science and Behaviour Books co.

Brammer, L. M. & Shostrom, B. L. (1977). Therapeutic psychology :
Fundamentals of counselling psychotherapy 3rd Ed Englewood cliffs :
Prentice Hall

Semester- IV

Paper- III Psychopathology –II

M. M.-80

Unit- I Schizophrenia and delusional disorders: Types, symptoms, and etiology of schizophrenia and paranoia

Unit- II Mood disorder: Etiology and symptoms of unipolar and bipolar disorder

Unit- III Personality disorder: Meaning and types of personality disorder, etiology of impulsive control disorder, substance related disorder (alcoholic and nicotine), sexual disorder

Unit- IV Organic mental disorder: Clinical features of organic mental disorder, organic system syndrome, delirium, dementia and Alzheimer

Books Recommended:

Carson R.C., Butcher, J .N. Mineka, and Hooley, J. M.(2000)Abnormal psychology. New Delhi: Pearson

Barlow D.H. and Durandv, M. (2005). Abnormal psychology an integrated approach (4th ed) Wadsworth: New York.

Frude, N. (1998).Understanding Abnormal psychology. Oxford : Black well publishers.

Lamn, A .Introduction to Psychopathology. New York .Sage

Buss, A.H. (1999) Psychopathology. New York : John Wiley

Korchin, S.J. (2004) Modern clinical psychology. CBS Publisher and Distributors Pvt. Ltd.

Jaigopal Tripathi Asamanay Manovigyan, Bhargava book house Agra
Ghanshyam Dass

American psychological association (1994) Statistical manual of mental health disorder Washington A.P.A. Author

Davison, G.C. and Neale (2001) 8th Ed Abnormal psychology and experimental clinical approach.

Kissker. G.W. (1965) Disorganized personality New York . McGraw. Hill

Semester - IV

Paper - IV Clinical Psychology - II Psychotherapies

M. M. 80

Unit – I Introduction : Meaning and nature of psychotherapy, goals of psychotherapy , types of psychotherapy , needs of psychotherapy , role of client – therapist relationship

Unit – II Psychoanalytic Therapy : Meaning and historical perspective , goals of psychoanalytic therapy , Freudian psychoanalytic therapy and its evaluation

Unit - III Behaviour Therapy : Meaning and nature of behaviour therapy , historical background , Techniques : systematic desensitization , aversive therapy , impulsive therapy , flooding , assertiveness training , contingency management and biofeedback , evaluation of behaviour therapy

Unit – IV Cognitive behaviour therapy : Meaning and nature , types of cognitive behaviour therapy , rational emotive therapy , Beck’s cognitive therapy , stress inoculation therapy , social problem solving

Unit – V Humanistic – existential therapy : Nature and goals of humanistic-existential therapy , client centred therapy , Gestalt therapy , Logo therapy , existential therapy , evaluation

Books Recommended:

Hecker J.E. & Thorpe G.L., (2007): Introduction to clinical psychology

Thomas G. Plante (2004) Contemporary clinical psychology

Robert J. Derubeis Donald K. Routh (1998) The science of clinical psychology, American psychology association

Korchin S.J. Morden clinical psychology Delhi C.B.S. Publication

Henry Kellerman (2009) Hand book of psycho diagnostic testing :Analysis of personality in the psychological report

Wolman, B.B. (1985) Hand book clinical psychology

Golden berg, D.H. (1983) Contemporary clinical psychology

Singh, A.K. (1993) Modern clinical psychology Motilal banarasi dass

Anastasi, A. (1982) Psychological testing

Freeman, F.S. (1978) Theory and practice of psychological testing

Semester – IV

Dissertation / Psychological practicum

Any four-

W.A.I.S. (performance / verbal)

M M P I

T A T

Rorschach

Anxiety scale / Death Anxiety

Depression

Reaction to frustration

E.P.Q. / E.P.I.