

Dr Vandana Gaur



Designation- Assistant Professor

Department of Psychology

S.D.M. Govt. PG College Doiwala, Dehradun

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Date of birth- 14 September 1971

Educational qualification- M.Sc, B.ed, Ph.D

Research experience- 14 years

Field of research- Psychology

Research topic- “Adjustment of adolescents as related to perceived family environment”

Teaching experience- 09 year in Management College

12 year in Government College.

Research paper published in Journals-

- (1) ”Cyber Crimes against Women” Journal IJRSET, Vol 10, Issue 11, pg 14394-14401, Year of Publication 2021
- (2) “Effect of Internet Addiction on Social Relations”, Journal IJSART Vol-7, Issue 11 ,pg 110-117, Year of Publication 2021.

- (3) “Sextortion Tops Charts in Cyber Crimes”, Journal -International Journal for Modern Trends in Science and Technology, Vol 7, Issue 12, PG 31-37, Year of Publication 2021.
- (4) “Environmental Psychology and It’s Future Perspective” Journal RJPSS, Vol-46, Issue 1, pg-60-67, Year of Publication 2021.
- (5) “PTSD: An after effect of Covid-19” Journal Global Values, Vol-11 , Issue 1, pg- 43-50, Year of publication 2020
- (6) “Psychotherapy in past and present Scenario” Journal Anusandhan Vatika, Vol - 10, Issue 8, Pages 208-212, Year of publication 2019.
- (7) “Importance of student appraisal in higher education” Journal Anusandhan Vatika, Vol -10, Issue 8, Pages 213-215, Year of Publication 2019.
- (8) “Emotional intelligence as related to gender and family type” Journal -Indian Research Journal of Social Sciences, vol-36, Issue 2, pg-146-150, Year of Publication 2019.
- (9) “Internet addiction and personality traits” Journal -Anusandhan Vatika, Vol-3, Issue 1-4, pg 47-51, Year of Publication 2013,
- (10) “The effect of SES on the self concept of adolescents” Journal -Anusandhan Vatika, Vol-3, Issue 1-4, pg 56-59, Year of Publication 2014.
- (11) “Gender difference in the perception of family environment among adolescents” Journal- Dev Sanskriti Inter Disciplinary Journal of Behavioral Sciences & Oriental Studies, Vol 1 , year-1 , pg 95-104, Year of Publication 2003
- (12) “The effect of SES on perceived home environment” Journal Dev Sanskriti Inter Disciplinary Journal of Behavioral Sciences & Oriental Studies, Vol 2 , Issue 2 , pg 41-49, Year of Publication 2004.
- (13) “ kishor evm kishoriyon ka pratyakshit parivarik vatavaran” Journal Dev Sanskriti Inter Disciplinary Journal of Behavioral Sciences & Oriental Studies, Vol 1 , Issue 1 , pg 15-21, Year of Publication 2003.

Paper published in edited books

- (1) "Covid-19:A Boost for Digital Education in India" Edited Book- Psychosocial Impact of Digital Education During Covid-19, Vol 2, pg 25-47 ,Year 2022.
- (2) "Emotional Maturity among Adolescent" Edited Book- Contemporary issues of youth,pg-134-143,Year 2021.
- (3) "Neuropsychological Versus Psychological Testing to Measure Human Behavior" Edited Book-Pandemic COVID-19 Repercussion and Lessons,pg-17-22,Year 2021.
- (4) "Workplace stress in women" Edited Book-Psycho Social Environmental issues of Employees at Workplace,pg-60-71 Year 2021.
- (5) "The relationship of mankind with sustainable development" Edited Book-Sustainable Development and Education ,pg 238-244,year 2020.
- (6) "Stress and their coping strategies" Edited Book-Sustainable Development and Education,pg-137-145,year 2020.
- (7) " Crisis intervention and management" Edited Book-Crisis:A Global Scenario(Emergence,Challenges & its Management,pg-144-154,Year 2020
- (8) " Need of career development in organizational setup" Edited Book-Innovative Socio-Economic Trends in BFM,pg-253-260 ,Year 2019
- (9) " Role of teacher's training in educational system" Edited Book-Adhunik Pariprekshya mein Gurukul Shiksha Paddhati,pg 253-259,Year 2019
- (10) " Mental health of adolescent girls in India" Edited Book-Mahila Suraksha Muddey evm Chunautiyan,pg-404-410,Year 2018.

Paper published in National/ International conference proceedings

- (1) "Psychological disorder as related to child sexual abuse"-One day National seminar on ekkisvi sadi mein mahila suraksha:samashyayein evm chunautiyan" dated 21 October 2018, Organized by Chaman lal mahavidhyalaya ,landaura,Roorkee.,Year 2018.

Paper presented in Seminar-

- (1) “Climate change and sustainable development:A Relationship” Two days National Seminar On “Forest Fire and Climate Change:Challenges and Solutions Dated 14-15 February 2020, Organized by H.M.V.P.G. College ,Raisi and UPSA
- (2) “ Prachin bharat se navnirmaan tak mahilaaon ki bhumika”-One day national webinar on “samajik samaveshan mein mhilaon ki bhumika” ,Dated 14 September 2019,Organized by Dev Bhoomi Vichar Manch
- (3) “ Prachin manovigyan ka bhartiya gyan mein yogdan”-One day National kmkseminar on‘Bhartiya gyan sampada aur navchetna” Dated 16 February 2020,Organized by Dev Bhoomi Vichar Manch”
- (5)“Psychosocial factors of Alziemer’s”-One day National Seminar on “Implication of Management theories on literature education,Social Science and Cultural Issues” Dated-30 September 2018,Organized by Faculy of Management Studies,G.K.U. ,Haridwar
- (6) “The effect of natural resources on sustainable development” Two days International Seminar on “Environmental Governance and Sustainable Development in 21st Century India:Challenges for the Mountain Regions in the Anthropocene” dated 7-8 October 2017,Organized by UPSA In conjunction with UGC-Human Resource Development Centre , Kumaun University, Nainital
- (7) “Role of foreign policy in contemporary security challenges”-Two days National Seminar on “Contemporary Challenges Before India’s Foreign Policy:Issues and Futuristic Vision” dated 28-29 March 2017,Organized by Department of Political Science,DSB Campus, Kumaun University,Nainital
- (8) “Psychology of the colonial mind set/ hangover”-National Seminar on Decolonization of Indian Minds” dated 23 September 2017
- (9) “Climate change and global warming”Two days National Seminar on “ Environmental ethics in man-nature relationship” dated 18-19 November 2016, Organized by D.A.V.P.G.College, Dehradun(Department of History)

- (10) “Mental health and political leaders” One day National seminar on “Emerging Trends in the state Politics of Uttarakhand” dated 29 September, 2016, Organized by Department of Political Science, DSB Campus, Kumaun University, Nainital
- (11) “Higher education with reference to hilly areas” Two days National seminar on “Parvatiye shetron mein uchch siksha ki samasya evm sambhavna” dated 22-23 November 2015, Organized by M.B. Govt P.G. College, Haldwani, Nainital.
- (12) “Role of students feed back in quality higher education” Two days National Seminar on “Role of IQAC in enhancing quality of teaching, learning and evaluation process” dated 9-10 October 2015, Organized by IQAC, S.G.R.R P.G. College, Dehradun`
- (13) “Psychotherapy in the view of Vedic and modern techniques” One day National seminar on “Relevance of ancient Indian wisdom in contemporary India” dated 14 September 2015, Organized by Ismail National PG College for Womans, Meerut
- (14) “Psychological aspect of teacher education: Need & expectation” - Two days National Seminar on “National and regional perspectives for quality teachers education: Ways and Means” dated 7-8 February 2015, Organized by Department of B.Ed. & College of teacher education, Dr.P.D.B.H. Government P.G. College Kotdwara, Garhwal(UK)
- (15) “Impact of human behavior on global warming” Two days National seminar on “Natural resource management policy and planning” dated 23-24 December, Organized by Department of Geography, National P.G. College, Bhongaon, Mainpuri
- (16) “Develop spirituality to guard our mental health” - Two days National seminar on “Ancient and spiritual sciences” dated 25-26 October 2014, Organized by Dev Sanskrit Vishwavidyalaya
- (17) “Upliftment in social environment through the role of media & RTI awareness” National seminar on “Environmental economics & social sustainability” dated 4-5 December 2014, Organized by Department of Botany, Govt P.G. College Dwarahat, Almora, Uttarakhand

(18) “Effect of gender on mental health of adolescents” Two days National Seminar on “Mental health challenges & remedial approaches” dated 15-16 February, 2014, Organized by Department of Psychology, GKU, Haridwar

(19) “The development of self control of emotion: Intrinsic and extrinsic influences” Three days National workshop on “Self and emotions in social contexts” dated 6-8 April, 2013, Organized by Department of Psychology, Kumaun University campus, Almora

ONLINE PAPER PRESENTED IN WEBINAR

1-“Impact of lockdown on mental health: Problems and solution”-Two days National Webinar, dated 28&29 April, Organized by Purvanchal Manovigyan Parishad Varanasi

2-“Mind control :Managing your mental health during covid-19”-One Day National Webinar on “ psycho-social well-being during COVID-19”, dated 9 May 2020, Organized by Vasant Kanya Mahavidhyalaya, Kamachha Varanasi

3-“Psychological impact of food and nutrition intake during covid-19-Two days National webinar on “Food and Nutrition in the present scenario of COVID-19”, dated 13-14 May 2020.

4-“Mental health before and after COVID-19”-Two days International webinar on “COVID-19:Life challenges and strategies, dated 18&19 May 2020. Organized by Veer Kunwar Singh University, Ara in association with Bharatiya Manovigyan Parishad

5-“Online teaching”-Two days National webinar on” Challenges and Dilemma of online teaching programme”, dated 24-25 May 2020. Organized by Rashtriya Shaikshik Mahasangh Uttar Pradesh, Kashi Mahanagar

6-“PTSD and COVID-19”-Two days national webinar on “COVID-19:Mental health problems & coping”, dated 29-30 May 2020. Organized by Department of psychology, Juhari Devi Girls P.G. College, Canal Road, Kanpur

7-“The role of brain in mental illness”-Two days International webinar on “Covid-19:Psychosocial Issues and Opportunities”,dated 31 May-1June,2020. Organized by Ram Briksh Benipuri Mahila College, Muzaffarpur

8-“Maintaining Psychosocial wellbeing during COVID-19”-One day National webinar on “Pandemic Covid-19:Repercussion and Lessons”,dated-11 June. Organized by SDM Govt PG College Doiwala Dehradun

9-“COVID-19:The impact of social media on mental health”-Two days National webinar on “COVID-19: Dasha & Disha”,dated 14-15 June,2020. Organized by Bhartiya Manovigyan Parishad

ONLINE FACULTY DEVELOPMENT PROGRAM

1-Three day national level faculty development program held on 30 April ,1st May &2nd May 2020, Organized by **NORTH STORM ACADEMY**

2-Eight Day National Level Online Workshop on “E-Content Development (Educational Audio-Video Production)” from 10th to 17th May 2020 Organized By **Maharshi Dayanand College of Arts ,Science and Commerce.**

3-Seven day National Workshop on RESEARCH METHODOLOGY ,June 09,2020 to June 15,2020 ,Organized by **N.A.S P.G. College,Meerut(U.P.) In Association with IGNOU Regional Centre,Noida.**

4-One Week Faculty Development Programme on “RESEARCH:METHODOLOGhY & PROCESS” from 20-26 June 2020,Organized by **GURU NANAK GIRLS PG COLLEGE,Yamuna Nagar (HARYANA)**

- Administrative experience-**
- (1) Worked as officiating principle
 - (2) Chief proctor.
 - (3) Examination controller.
 - (4) RUSA Nodal officer
 - (5) Coordinator of affiliation committee
 - (6) Coordinator of grievance committee.
 - (7) AISHE Nodal Officer

Participation in different courses

- (1) **Orientation course-** From UGC ASC Kumaoun university Nainital
Dated- 03/05/12 to 30/05/12
- (2) **07 days NSS, Uttarakhand programme officers training** sponsored by Ministry of youth affairs Govt. of India.
Dated- 16/03/13 to 22/03/13
- (4) **Refresher course-** From UGC ASC Kumaoun university Nainital
Dated- 07/08/13 to 27/08/13
- (5) **07 days national workshop** on Psychological problems diagnosis and management j
Dated- 24/03/14 to 30/03/14
- (6) **Summer school-** From UGC ASC Kumaoun university Nainital
Dated- 22/06/18 to 12/07/13
- (7) **07 days short term course** from 16 to 22 September 2019-Sponsored by ICSSR ,Organized by Department of Political Science, Chaman Lal Mahavidyalya, Landhara Haridwar

(8) **Refresher course**-From UGC HRDC Himachal Pradesh University, Shimla

Dated -15/03/2021 to 27/03/2021

(9) 7 Days FDP From **Ramanujan College** Dated- 01 June to 07 June

Declaration

I, hereby declare that all the information furnished by me are correct to the best of my knowledge and belief.

A small, square image showing a handwritten signature in black ink on a light-colored background. The signature is cursive and appears to read 'Vandana Gaur'.

Dr. Vandana Gaur.