

# CURRICULUM VITAE

## PRABHA BISHT

Assistant Professor  
Department of Home Science  
S.D.M.G. P. G. College,  
Doiwala, Dehradun, Uttarakhand

### EDUCATIONAL QUALIFICATION(S):

1. **D.Phil. (Foods and Nutrition / Home Science)**, 2014, from HNBGU.
2. **NET (ASRB, ICAR)** 2001.
3. **MSc. (Human Foods & Nutrition)** 2001. GBPUAT, Pantnagar.
4. **BSc. (Home Science)** 1999, GBPUAT, Pantnagar.
5. **Intermediate (1995)** GGIC Pithoragarh.
6. **High School (1993)** GGIC Pithoragarh.

### ORIENTATION / REFRESHER COURSE:

1. Participated in Orientation Course from January 19 to February 19, 2007 at UGC, Academic Staff College, Jamia Millia Islamia New Delhi.
2. Participated in Refresher Course (Health and Life Sciences) from July 10 to July 30, 2013 at UGC, Academic Staff College, Guru Nanak Dev University, Amritsar.
3. Participated in Refresher Course (Information Technology) from June 23 to July 13, 2016 at UGC, Human Resource Development Centre, Guru Nanak Dev University, Amritsar.

### LIST OF PUBLICATION (RESEARCH PAPER IN JOURNALS):

1. **(2012)** - "Marital Adjustment of Working and Non Working Women - A Comparative Study " Jyoti Tiwari, Prabha Bisht , QUEST- The Journal of UGC- ASC, Nanital, Volume 6, Issue No. 3 (2012) pp.504-508, DOI: 10.5958/j.0974-5041.6.3.041.
2. **(2012)** - "Gender Differences in Personality Traits" Jyoti Tiwari, Prabha Bisht, PRACHI Journal of Psycho -Cultural Dimension, Volume 28 (2), 2012, ISSN: 0971-7064, pp.132-134.
3. **(2012)** - "Trans Fat All We Need to Know", Prabha Bisht, Jyoti Tiwari, EVERYMAN'S SCIENCE, Volume XLVII. No. 2, 2012, June-July 12, pp. 100-103, ISSN 0531-495 X.

4. (2015) - "A Study on the Impact of Nutrition Education on the Health and Nutrition Knowledge of Primary School Children of Garhwal Hill". Prabha Bisht, Jyoti Tiwari, Recent Researches in Social Science, Issue 03, Year 03, pp. 28-32, ISSN-2348-3318, Oct- Nov-Dec. 2015
5. (2015) - "Effects of Mothers Education on Nutrition Status of Primary School Children" Jyoti Tiwari, Medha, Prabha Bisht, Recent Education and Psychological Research, Issue 03, Year 02, pp37-39, ISSN-2278-5949, Oct-Nov-Dec, 2015.
6. (2016) - "Evaluating the Effectiveness of Video Films as a tool to Impart Nutrition Education" Prabha Bisht, Recent Educational and Psychological Research, Issue 02, Year 05, pp 12-15,ISSN-2278-5949, Jul-Aug-Sep, 2016.
7. (2017) - "Gender Differences in the Nutrient Intake of Primary School Children" Jyoti Tiwari, Prabha Bisht, Medha, Shrinkhala Ek Shodhparak Varicharik Patrika, VOL. 4, Issue-10, June -2017, ISSN (P): 2321-290X, ISSN (E): 2349-980X, pp 68-71.
8. (2017) -" खाद्य संगठन डेटाबेस एवं भारतीय परिप्रेक्ष्य में इसकी प्रासंगिकता "" Prabha Bisht, Vidyawarta, ISSN : 2319-9318, Issue 18, Vol-11, April to June, 2017, pp 0188-0192.
9. (2017) - "Health and Nutritional Status Assessment of Primary School Children of Rural Garhwal" Prabha Bisht, Jyoti Tiwari, Printing Area International Multilingual Research Journal, Issue -34, Vol-02, , pp 017-019, ISSN 2394-5303, October 2017.
10. (2017) - "Food Composition Database *the Indian Journey* Quest The Journal of UGC- HRDC Nainital, Volume 11, Issue 3, September- December 2017: 331-335, pp 331-335, Print ISSN: 0974-5041, Online ISSN: 2249-0035

### **RESEARCH PAPER IN CONFERENCES:**

11. (2009) - "Genetically Modified Food: Safety and Policy Issues" in National Seminar on National Strategies for Improving Quality of Life at GBPUAT, Pantnagar (Nainital), from September 11-12, 2009.
12. (2010) - "Overcoming Nutritional Challenges in Developing Economies: Role of Science and Technology" in 5<sup>th</sup> Uttarakhand State Science and Technology Congress on Role of Science and Technology in Development, conducted by Uttarakhand State Science and Technology Congress (UCOST), held at Doon University, Dehradun from November 10-12 2010.

13. **(2011)-** “ Nutritional and Health Status of Women farmers of Pauri Garhwal” in National Seminar on “Empowerment of Rural Women in Uttarakhand Status, Challenges and Solutions, at BSMPG College, Roorkee, Haridwar, Uttarakhand, from October 14-15 ,2011.
14. **(2012)-** “ Concept of Human Rights and Role of Police in Protection of Human Rights in Modern Indian Context” in National Seminar on Role of Indian Police in Protecting Human Right” at BSMPG College, Roorkee, Haridwar, Uttarakhand from November 2-3, 2012.
15. **(2013)-** “The Revival of Water Conservation under MANREGA, What Went Wrong? In National Seminar on “Rural Development through MANREGA: New Challenges and Solutions” at BSMPG College, Roorkee, Haridwar, Uttarakhand from October 4-5, 2013.
16. **(2013)-** “Nutrition and Health Intervention in Unconventional Method improves the Nutritional Knowledge of Primary School Children: A Study in Garhwal Hill Region of Uttarakhand” in 8<sup>th</sup> Uttarakhand State Science and Technology Congress conducted by Uttarakhand Science and Technology Congress (UCOST), held at Doon University, Dehradun from November 26-28, 2013.
17. **(2014)-** “No Honor in Honor Killing” in National Seminar on “Violence Against Women: Current Challenges and Future Trends” at BSMPG College Roorkee, Haridwar, Uttarakhand from December 19-20, 2014.
18. **(2016)-** “Container Gardening: Little Steps towards Greener Future” in UTTARA BIO FEST 2016, National Conference on Natural Resource Management Avenues & Application (NRMAA) at Uttaranchal P.G. College of Bio Medical Science & Hospital, Dehradun, March 18-19, 2016.
19. **(2016)-** “Food Insecurity and Malnutrition Among Indian Tribes” in National Seminar on “Tribal Issues & Strategies for Empowerment, sponsored by ICSSR, organized by BSMPG College, Roorkee, Haridwar, Uttarakhand from October, 21-22, 2016.
20. **(2017)-** “Role of Information and Communication Technology in Enhancing Health and Nutrition Skills of Vulnerable Segments of Population in Uttarakhand”, in 11<sup>th</sup> Uttarakhand State Science & Technology Congress, Conducted by Uttarakhand Science and Technology Congress (UCOST), held at Vigyan Dham, Dehradun from March 2-4, 2017.
21. **(2017)-** “ Ayurveda & Modern Life Diseases “ in Decolonization of Indian Minds on September 23, 2017 organized by *Dev Bhoomi Vichar Manch* Uttarakhand & Phonics Groups of Institutions, Roorkee in Collaboration with Doon University Dehradun.

22. **(2017)-**“ The Crisis in Jammu & Kashmir” in National Seminar on The Problem of Pakistan sponsored terrorism in Jammu and Kashmir : State and Direction” on 14-15 October 2017 at Department of Political Science, Chaman Lal Degree College, Landhaura (Roorkee), sponsored by Indian Council of Scientific & Social Research.
23. **(2018)-**“ Anemia and Women Health in Uttarakhand: An Overview” in National Seminar on “Women’s Health in India: Issues and Concerns (With Special Reference to Uttarakhand State) under the auspices of ICSSR, organized by BSMPG College, Roorkee, Haridwar, Uttarakhand from **February, 23-24, 2018.**

### **BOOK (AUTHORED):**

**(2017)- Title:** “Community Nutrition in India”  
**Year of Publication:** (2017),  
**Publisher:** Star Publication Agra,  
**ISBN:** 9789381246795.

### **BOOK CHAPTERS /SELF LEARNING MANUAL IN NATIONAL & INTERNATIONAL BOOKS / EDITED VOLUMES :**

1. **(2016)- “Home Management Process”** B.A. (Home Science), Family Resource Management (HSC-101), ISBN- 978-93-85740-49-7, pp 2-23, MPDD, Uttarakhand Open University, Haldwani (Nanital)
2. **(2016)- “Motivating Factors for Management”** B.A. (Home Science), Family Resource Management (HSC-101), ISBN- 978-93-85740-49-7, pp 24-41, MPDD, Uttarakhand Open University, Haldwani (Nanital)
3. **(2016)- “Time and Energy Resources”** B.A. (Home Science), Family Resource Management (HSC-101), ISBN- 978-93-85740-49-7, pp 57-83, MPDD, Uttarakhand Open University, Haldwani (Nanital)
4. **(2016)- “Taxation”** B.A. (Home Science), Family Resource Management (HSC-101), ISBN- 978-93-85740-49-7, pp 163-191, MPDD, Uttarakhand Open University, Haldwani (Nanital)
5. **(2016)- “Care of Household Equipments”** B.A. (Home Science), Family Resource Management (HSC-101), ISBN- 978-93-85740-49-7, pp 245-264, MPDD, Uttarakhand Open University, Haldwani (Nanital)
6. **(2016)- “Introduction to Household Equipments”** B.A. (Home Science), Family Resource Management (HSC-101), ISBN- 978-93-85740-49-7, pp 265-282, MPDD, Uttarakhand Open University, Haldwani (Nanital).

7. (2016)- **“Materials to be used for Household Equipments”** B.A. (Home Science), Family Resource Management (HSC-101), ISBN- 978-93-85740-49-7, pp 283-308, MPDD, Uttarakhand Open University, Haldwani (Nanital).
8. (2017)-**“National Nutrition Programme”** M.A., Foods & Nutrition, Uttarakhand Open University, Haldwani (Nanital).
9. (2017)-**“ Programmes for Improving Nutritional Status & Income Generation”** M.A., Foods & Nutrition, Uttarakhand Open University, Haldwani (Nanital).
10. (2017)-**“International and National Agencies for Nutrition Programmes”** M.A., Foods & Nutrition, Uttarakhand Open University, Haldwani (Nanital).
11. (2017)-**“Public Distribution System”** M.A., Foods & Nutrition, Uttarakhand Open University, Haldwani (Nanital).
12. (2018)-**“Extension Characteristics”** M.A., Extension Education, Uttarakhand Open University, Haldwani (Nanital).
13. (2017)-**“Extension Teaching Methods”** M.A., Extension Education, Uttarakhand Open University, Haldwani (Nanital).

### **BOOK CHAPTER IN INTERNATIONAL BOOKS / EDITED VOLUMES :**

1. (2017)- **Status of Human Health in Uttarakhand: Health and Nutritional Status Assessment of Primary School Children of Rural Garhwal in Uttarakhand**, Bisht, P, Tiwari, J. 2017, Ed. Nand, M., Maiti, P., Chandra, S., **Environmental and Health Challenges of Uttarakhand**, ISBN-978-620-2-02641-3 pp. 99-114, Lambert Academic Publishing (Germany)

### **WORKSHOP ATTENDED:**

1. (2015) - **“Broad Spectrum Conference on Changing Perception of 21<sup>st</sup> Century Life & its impact on the studies of Home Science & Economical Activities”**, at MMPG College, Satikund, Kankhal, Haridwar, Uttarakhand on November 30<sup>th</sup> 2015.

2. **(2017) - "Capacity Building Programme for Social Science Faculty Members on Research Methodology"**, sponsored by ICSSR, organized by School of Management, Doon University from, 24<sup>th</sup> January to 6<sup>th</sup> February 2017, at Doon University Dehradun.
3. **(2018) - "Water Conservation: A Shift From Awareness to Consciousness"** Awareness Workshop, organized by Department of Geography and Natural Resource Management, School of Sciences and School of Agriculture and Development Studies, Uttarakhand Open University, Haldwani (Nainital), Uttarakhand, India, under the aegis of Alternate Hydro Energy Centre (AHEC), IIT Roorkee on March 20,2018.
4. **(2018) - "Short Term Course in MOOCs and OER"** at UGC HRDC, Kumayun University, Nainital from June 8<sup>th</sup> to June 14<sup>th</sup> 2018.
5. **(2018)- A Webinar on "Nutrigenomics: Genetic Testing for Personalized Nutrition"** on September 4, 2018 by Indians in Nutrition and Dietetics, a member interest group of the **Academy of Nutrition and Dietetics: Commission on Dietetic Registration.**

### **INVITED LECTURE:**

1. **(2017) - Delivered a talk on "Role of Nutrition on Brain Development"** in Brain Awareness Programme - 2017, organized by Department of Zoology, Pt. LMS Govt. P.G. (Autonomous) College Rishikesh, Dehradun in association with National Brain Research Centre (NBRC), Manesar Gurgaon (Haryana) on 22<sup>nd</sup> April 2017.

### **AWARD RECEIVED:**

1. **(2017)- Received "Young Scientist Award - 2017"** for best Paper Presentation for **"Role of Information and Communication Technology in Enhancing Health and Nutrition Skills of Vulnerable Segments of Population in Uttarakhand"** (Under Category 2, Foods & Nutrition / Home Science Discipline) in 11<sup>th</sup> USSTC, conducted by UCOST, Dehradun, from March 2-4, 2017.

### **2. MINOR RESEARCH -PROJECT AWARD RECEIVED:**

**(2018)- Received "Minor Research- Project Award" for "Culinary Heritage of Uttarakhand- A Pursuit of Health and Happiness"** from Indian Council of Social Science Research, New Delhi.

### **WORKSHOP CONDUCTED:**

**(2017)- Conducted, One Day National Workshop on "Critical Care Nutrition"** under the auspices of The Society for Clinical Nutrition and Metabolism (IAPEN) - Dehradun

Regional Centre, on 11<sup>th</sup> September 2017 at Department of Home Science, SDMGPG College, Doiwala (Dehradun) Uttarakhand, as Organizing Secretary.

**MEMBERS OF SCIENTIFIC & PROFESSIONAL BODIES:**

1. Nutrition Society of India (Hyderabad) - Life Member.
2. Indian Science Congress Association, (Kolkata) - Life Member.
3. Indian Association of Parental and Enteral Association (Tamilnadu)- Life Member, Regional Officer, IAPEN, Dehradun Regional Centre (Uttarakhand)

**PERSONAL DETAILS:**

1. Date of Birth: 25/06/1978
2. Permanent Address: C/O Mrs. Maya Raj, Tanakpur Road, Near Hanuman Mandir, Pithoragarh, Uttarakhand
3. Email: [drprabhabisht@gmail.com](mailto:drprabhabisht@gmail.com)
4. Phone No. 9756835718

**Dr. Prabha Bisht**